

# Yellow Senior – Camo Blue

**MONDAY – 5:45pm – 6:30pm**

**TUESDAY – 6:30pm – 7:15pm**

**WEDNESDAY – 6:30pm to 7:15pm**

How many classes should I attend a week?

You may attend up to 3 Classes a Week of any of the above, plus classes offered at the bottom that goes with the program you are in.



All Students between the ages of 6 to 12 Years old.

AND

Yellow Senior Belt

thru

Camo Blue Belt



## **Book Private Lessons**

Free 15 min. private lessons available to prevent falling behind.

Paid 30 min. private lessons to get ahead quicker.

## **Dragon Flames**

**Monday 5:45pm to 6:30pm**

### **Black Belt Club Jr. (7-8 yr. olds)**

**Tuesday – 5:00pm to 5:45pm**

### **Black Belt Club (9-12 yr. olds)**

**Monday – 5:00pm to 5:45pm**

## **Extra's**

**Kicknastics Wednesday – 5:00pm to 5:45pm**

**Arnis and Sais Wednesday- 5:00pm to 6:00pm**

**Sparring Tuesday – 5:45pm to 6:30pm**